

Many years have passed since Adam and Eve were banished from the Garden of Eden. In that time, they bore two sons, Cain and Abel, the first of many to come. The two sons work hard to provide for the family and the yearly sacrifices for God through farming and tending the sheep. Cain, an introverted farmer, is jealous of the attention and love Abel gets and dreams of the day where he can get the recognition he craves.

When Cain notices Abel sneaking out of their home one night after dinner, he follows him into a clearing and learns a horrifying secret: his brother is making sacrificial rituals to an unknown presence. Cain, in shock, turns to his closest friend, Nur, besides his wife for advice on what to do on Abel's strange behavior. Nur tells Cain to handle it himself because his parents and even God would not believe him. Cain refuses this advice and goes to the mother about Abel, but she brushes him off in preparation for the sacrifice for God that is coming up. He then goes to the father and is ignored as well; Cain angrily leaves and goes to tell Nur he accepts her advice.

Abel sneaks out the next night and Cain follows. When Abel begins to mutilate one of his sheep, Cain intervenes and demands to know who Abel has been talking to. A voice with no visible body speaks and declares the youngest son as their own before taking Abel. Cain stumbles home and finds that his parents have forgotten Abel and begin to worry about his frantic behavior when he asks about the youngest son. He then goes to tell Nur about what happened, but she does not remember Abel.

Cain insists that Abel was there and goes to great lengths to jog her memory. Nur denies she ever knew an Abel and asks him why he is so alarmed his parents dote on him and that isn't it what he wanted all along. Cain, unsure, goes back to the clearing to look for clues to get Abel back, but the voice comes back and taunts him. Cain tells the presence he will get his brother back and leaves. When he returns home, he notices that there is a journal that belongs to Abel.

While reading the journal, Cain pieces together who the dark presence Abel has been talking to might be. He then reflects on the events that led up to Abel being taken and realizes that Nur must know more than she is saying. He goes to confront her. Cain is devastated to learn that Nur had been talking to Abel the entire time and has him locked away having his soul shredded to become her personal plaything. He pleads with Nur to let him go and she begins to taunt him with his own jealousy and ill-willed feelings towards his sibling. She then tells him he'll never see them both ever again and disappears. Cain demands she comes back, but he finds himself starting a new day tending the crops.

Cain returns back to the clearing, sheep in hand, and shouts for Nur to return, who doesn't. He then begins to mutilate the sheep the same way he has seen his brother do and Nur speaks from behind him. He demands she return back Abel, which she denies him. Cain becomes desperate while Nur becomes intrigued, she wants to know how far he is willing to go to save his brother and tells him the only way to save Abel is to kill him. Corrupted souls can't go back to being normal anymore. The only true mercy is to kill them. Nur brings Abel back, but he looks like a walking corpse – sweaty, ashy grey skin.

Cain goes to comfort Abel, but the younger man attacks him and tries to strangle him. Cain struggles to get the aggressive man off of him until he manages to throw him off, which makes Abel fall harshly against the altar, cracking his head open. Nur laughs before disappearing.

God and his parents are talking by the time Cain stumbles home, and the mother stares on horrified by his appearance. She asks where Abel is and Cain tells her he killed him. God angrily punished Cain for his deed.